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# EDITORIAL

## ANALYSIS

**READING**

**GRAMMAR**

**VOCAB**

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**STATE EXAMS**

**WITH**

**MCQs**





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# VOCAB CLASS

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BY ANUBHAV SIR







**IBPS CLERK**  
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वाली  
**APPROACH**

# **ENGLISH**

**PREVIOUS YEAR  
PAPER**



**#5**



by Anubhav Sir



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A



BY ANUBHAV SIR



# TRIBE

# सफलता की संगत

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**EDITORIAL ANALYSIS**

**READING GRAMMAR VOCAB**

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**READING**

Let's be honest—when it comes to English for some political exams, reading isn't just important; it's everything. Nearly half of the questions—directly or indirectly—are based on how well you read. Don't think I'm saying that to scare you. You don't have to become a speed reader overnight. What you need is smart, consistent reading. That's why I've picked real, relevant content from daily newspapers just for you. It'll train your mind to think, understand, and respond faster. Every passage you read here brings you a step closer to confidence and clarity. Read this, and you've already won half the battle.

**VOCABULARY**

I know vocabulary can feel overwhelming sometimes—so many words, so little time. But here's the truth: it doesn't have to be that way. This section is designed to help you truly connect with words—not just memorize them. You'll learn them in context, understand how they're used in real life, and slowly start to own them. Everything you see here is from actual newspapers, so it's relevant, real, and reliable. Over time, you'll notice something beautiful—you won't just remember the words, you'll feel them. And that changes everything.

**GRAMMAR**

Grammar... it has a bit of a reputation, right? You study rules, you memorize exceptions. But here's the thing: grammar doesn't have to be dry or confusing. In fact, it can be one of the most empowering tools you have. We're not going to give you rules—we're going to understand them, together. All examples come from real newspaper content, so you'll see how grammar actually works in real life. Shortcuts, patterns will start to click. You'll begin spotting mistakes instantly, understanding structure intuitively. That's grammar doing its job, and you're becoming your own support system.

**IDIOMS & PHRASES**

Idioms and phrases—these little expressions that often confuse us in the exam—don't worry, we've got this. I've picked the ones you'll actually come across in exams, pulled straight from daily newspapers. But more importantly, I'll help you understand them in a way that sticks. Not by rote, but through real context and simple meaning. Over time, these phrases will become second nature to you, and you'll be able to use and spot them effortlessly. It's one of those small things that makes a big difference.

**DESCRIPTIVE WRITING**

Descriptive writing is where your preparation meets your personality. It's not just about grammar or structure—it's about how you think, how you feel, and how clearly you express that. Whether you're writing an essay, a profile, or a report, I'll help you shape your thoughts with clarity and purpose. All the topics we'll work on come from recent news, so your writing stays fresh, relevant, and impactful. And here's my promise—you'll never feel lost staring at a blank page again. Together, we'll build your voice, one word at a time.

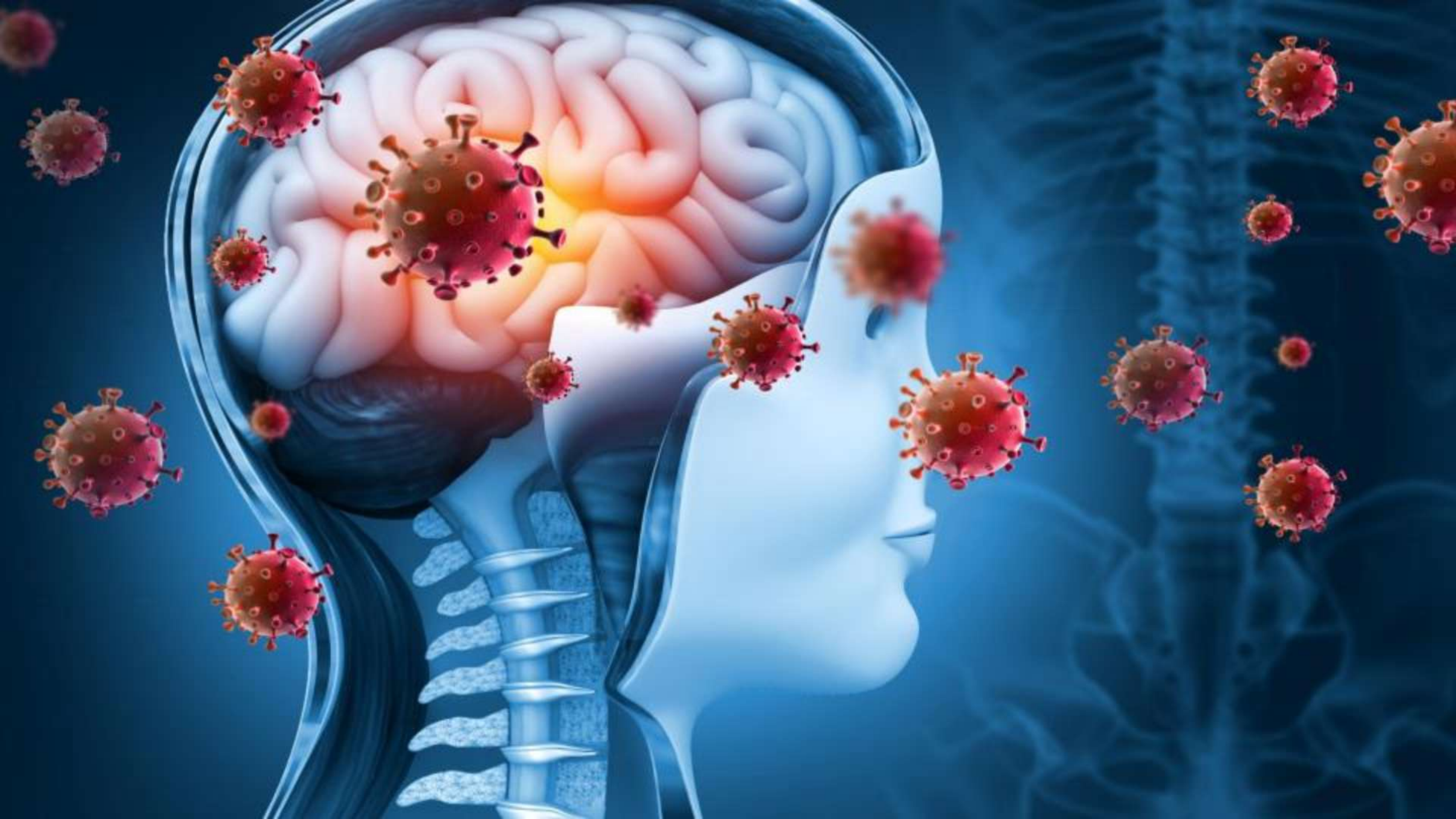
**When pigs fly**



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## REPATRIATION

## प्रत्यावासन

the act or process of restoring or returning someone or something to the country of origin,

(Noun)

### SYNONYMS

- Immigration ✓
- Influx ✓
- Migration ✓

*Re-integration*  
*Homecoming*

### ANTONYMS

- Dispersion ✓
- Resettlement ✓
- Scattering ✓
- Diaspora ✓



### FORMS

Verb-(repatriate)

The \_\_\_\_\_ of prisoners of war was completed after the treaty.





## VEX

खीझाना

Verb

to disturb the peace of mind of (someone) especially by repeated disagreeable acts

### SYNONYMS

Perturb

### ANTONYMS

- Persecute ✓
- Aggravate ✓
- Irk ✓
- Rile ✓
- Exasperate ✓

Injure

Inflame

Instigate

Provoke

Bother

- Conciliate ✓
- Oblige ✓
- Placate ✓
- Propitiate ✓

Assuage

Mollify

Placate

### FORMS

Noun-(vexation)

Palliate

### MEANING OF VEX



annoy, distress, irritate



The delay in delivery began to \_\_\_\_\_ the customers.





**SPEARHEAD**

to serve as leader of

नेता (VGL)

**SYNONYMS**

- Pioneer ✓
- Command ✓
- Initiate ✓
- Champion ✓
- Trailblazer ✓

**ANTONYMS**

- Trail ✓
- Lag ✓
- Backer ✓
- Subordinate ✓

**FORMS**

Verb-(spearhead) ✓

The minister \_\_\_\_\_ the effort to improve education standards.





## HOLISTIC

s in all-inclusive

संपूर्ण रूप से

### SYNONYMS

- Comprehensive ✓
- Integral ✓
- Panoramic ✓
- Encompassing ✓

### ANTONYMS

- Specific ✓
- Restricted ✓
- Segmented ✓
- Partial ✓



### FORMS

A \_\_\_\_\_ plan considers all aspects of community development.





## DECREPIT

जर्जर

(Adm)

old and in bad condition or poor health

### SYNONYMS

- Dilapidated
- Frail
- Debilitated
- Languid

Ramshackle  
Shabby  
Fragile

### ANTONYMS

- Robust
- Sturdy
- Mighty
- Stalwart

Resilient

Humongous

Intrepid, Gallant, Valiant, Mellisome  
Andacious  
Lion hearted  
Gout hearted

### FORMS



The \_\_\_\_\_ bridge was closed for repairs.





## FATHOM

To understand deeply

*Contemplate*

### SYNONYMS

- Comprehend ✓
- Grasp ✓
- Discern ✓
- Penetrate ✓
- Apprehend ✓

*Infer*

*Figure out*

## समझना

*(Ver G)*

### ANTONYMS

- Confuse ✓
- Misinterpret ✓
- Misconceive ✓

## fathom

[VERB]

Fathom means to understand a difficult problem or an enigmatic person after much thought.



Swipe for pronunciation

### FORMS

Noun-(fathom)

She couldn't \_\_\_\_\_ why he left without saying goodbye.





## FOMENT

भड़काना

12th

to bring (something volatile or intense) into being

### SYNONYMS

Inflame

Agitate

Provoke

(Stir up)

- Instigate ✓
- Incite ✓
- Abet ✓
- Brew ✓
- Detonate ✓

### ANTONYMS

- Tame ✓
- Curb ✓
- Subdue ✓
- Bridle ✓

Subjugate

Suppress

### FORMS



The agitators sought to \_\_\_\_\_ unrest in the region.





## HALCYON

शांतिपूर्ण

free from storms or physical disturbance

### SYNONYMS

- Placid ✓
- Serene ✓
- Tranquil ✓
- Temperate ✓
- Balmy ✓

Mollifying  
Assuaging  
Laxing  
Palliating

### ANTONYMS

- Turbulent ✓
- Tempestuous ✓
- Inclement ✓
- Blizzardy ✓

Volatile  
Chaotic  
Tumultuous

## HALCYON



Peace and tranquility at its best!  
Calm and prosperity prevails  
all around.



www.wordpandit.com

### FORMS

Noun-(halcyon)

The company experienced a \_\_\_\_\_ period before the market crash.





## INCENDIARY

## आग लगानेवाला

a person who stirs up public feelings especially of discontent

### SYNONYMS

- Insurgent ✓
- Apostle ✓
- Proponent ✓
- Rebel ✓
- Arsonist ✓

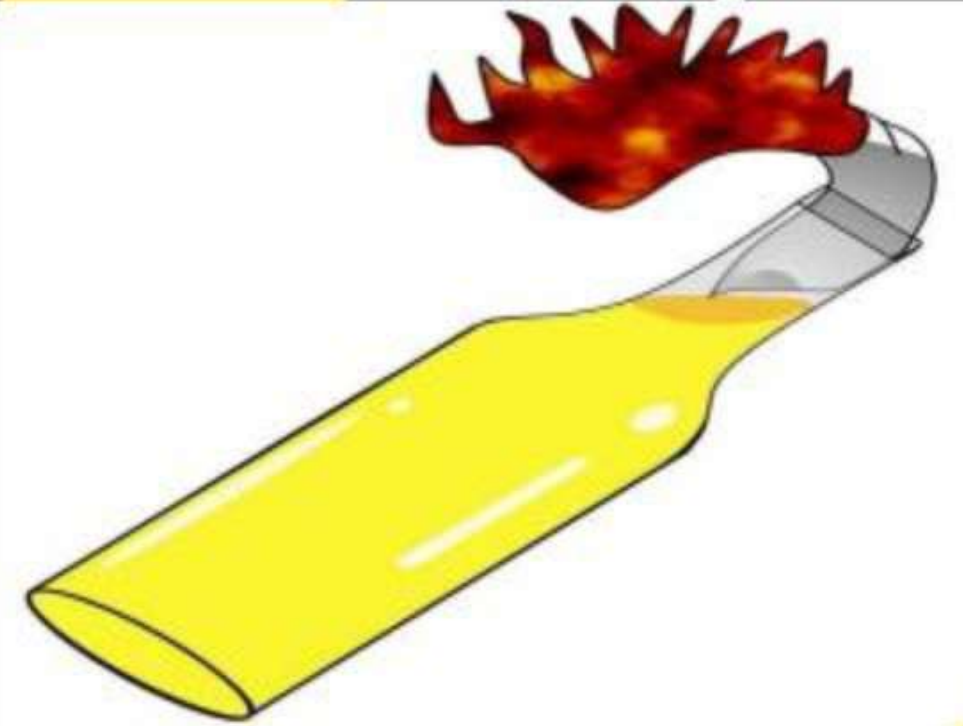
Seditious

### ANTONYMS

- Peacemaker ✓
- Reconciler ✓
- Uniter ✓
- Pacifier ✓

Comradery

Agri



### FORMS

Adjective-(incendiary)

The \_\_\_\_\_ was caught before causing any damage.





## KNAVERY

कपट

(ND)

playful, reckless behavior that is not intended to cause serious harm

### SYNONYMS

- Rascality ✓
- Roguery ✓
- Deviltry ✓
- Buffoonery ✓

Deceit  
Trickery

### ANTONYMS

- Gravity ✓
- Solemnness ✓
- Probity ✓
- Integrity ✓



### FORMS

The politician's \_\_\_\_\_ led to his downfall.





## IDIOMS

• **Set a precedent** – Create a model case.

**Example:** The landmark ruling set a precedent for how similar environmental disputes will be resolved.

• **In the public eye** – Under public scrutiny.

**Example:** Celebrities often struggle to maintain privacy while living in the public eye.

• **Face the music** – Accept responsibility for an unpleasant outcome.

**Example:** The manager had to face the music after the project failed to meet its goals.



## PHRASAL VERBS

• **Intervene in** – *to become involved in a situation to improve or prevent it from worsening*

**Example:** The UN decided to intervene in the conflict to prevent further civilian casualties.

• **Track down** – *to find someone or something after a difficult or long search*

**Example:** The journalist managed to track down the whistleblower after weeks of investigation.

• **Bank on** – *to depend on or expect something to happen*

**Example:** The company is banking on strong holiday sales to boost its annual profits.



**all derived from the “port” (Latin – *to carry*).**

• **Portable** ✓ – Able to be easily carried or moved

*Example:* The musician used a portable speaker for the street performance.

• **Deport** ✓ – To carry or send someone out of a country

*Example:* The government decided to deport the individual for violating visa rules.

• **Import** – To bring goods or services into a country from abroad

*Example:* The company plans to import raw materials from Brazil.

• **Export** – To send goods or services to another country for sale

*Example:* India exports spices to many countries worldwide.

• **Portfolio** – A collection of work, documents, or investments carried together

*Example:* The artist showed her portfolio to the gallery owner for review.



The COVID-19 pandemic left its mark on our bodies in ways we are only now beginning to understand. Beyond fever and cough, scientists have discovered something deeply concerning: the virus and the stress of the pandemic are literally ageing our brains faster than normal. COVID-19 doesn't just affect our lungs—it attacks brain health, potentially adding months or even years to biological brain age. This has profound implications, especially as we learn more about long COVID or Post-Acute Sequelae of COVID-19 (PASC) and its lasting effects. Think of your brain like a car. Just as a car accumulates wear over time, our brains naturally age. Scientists can now measure "brain age"—how old the brain appears compared to actual age. In healthy people, brain age matches chronological age fairly closely. But recent studies found people exposed to COVID-19 or even the pandemic environment have brains that appear significantly older. A major study using data from over 15,000 healthy adults found pandemic exposure increased brain age by an average of 5.5 months, with stronger effects in men and those from disadvantaged socioeconomic backgrounds. COVID-19 appears to age brains through two pathways. First, the virus itself is neurotropic—it can invade and directly damage brain tissue. SARS-CoV-2 has been found in neural tissues up to 230 days after infection, and immune activation has persisted for as long as 2.5 years. Second, the psychological stress and social isolation of the pandemic harmed brain health.



Fear of infection alone altered brain function. Long COVID affects at least 10% of people recovering from infection and possibly up to 50–70% of those hospitalised. Hallmark symptoms include brain fog, memory problems, difficulty concentrating, and persistent fatigue. Brain scans of survivors have shown measurable drops in cognitive abilities, suggesting structural and functional changes.

Young people have not escaped this effect. Studies of adolescents before and after shutdowns found higher levels of anxiety and depression, with scans showing accelerated brain maturation of 5–6 months. Teenage girls showed changes across 30 brain regions, equivalent to 4.2 years of accelerated ageing, likely linked to social and educational disruptions.

Mechanisms include:

**Inflammation:** chronic inflammation damages brain cells.

**Blood-brain barrier breakdown:** allowing harmful substances into the brain.

**Oxygen deprivation:** starving brain cells of fuel.

**Immune confusion:** the immune system attacking healthy brain tissue.

Three-year studies show that for mild COVID, increased risk of death disappeared after the first year, and most brain symptoms improved. However, hospitalised patients continued to show elevated death rates and persistent brain problems even three years later, suggesting severity of initial infection plays a crucial role.



Innovative treatments, including integrative neurorehabilitation combining neurotechnology with holistic therapies, show promise in reversing some effects. Such interventions may slow or reverse neurocognitive ageing in long COVID patients.

With an estimated 65 million people worldwide living with long COVID, brain health must be a priority. Continued research and multidisciplinary treatment approaches can help restore both physical and cognitive health.

$$\frac{6}{10}$$

$$\frac{8+}{10}$$



## Pattern 1 Title Based Question

In the context of the passage, which statement best captures the central idea?

- (a) COVID-19 primarily affects the lungs but occasionally influences brain function.
- (b) Adolescent brain changes were exclusively due to the SARS-CoV-2 virus.
- (c) Brain health decline during the pandemic is reversible in all cases with rehabilitation.
- (d) Socioeconomic background played no significant role in brain ageing during COVID-19.
- (e) The pandemic accelerated brain ageing through both biological and psychosocial factors.



## Pattern 2 Contextual Understanding

The phrase "**Think of your brain like a car**" serves primarily to:

- a) Indicate that the brain, much like machinery, benefits from consistent upkeep to function well.
- (b) Depict the notion of slow, cumulative decline occurring naturally over time.
- (c) Assert that the brain's functional age and a person's actual age usually align perfectly.
- (d) Demonstrate that once brain decline begins, it cannot be undone post-COVID.
- (e) Stress that the ageing of the brain happens independently of outside influences.



### 3. Inference Based - Question

Which inference is most supported by the passage?

- (a) The severity of the initial COVID-19 infection influences long-term brain outcomes.
- (b) Brain ageing occurs independently of whether an individual contracts COVID-19.
- (c) Neurorehabilitation therapies guarantee complete cognitive recovery for all patients.
- (d) The pandemic affected only older adults' neurological health.
- (e) Social isolation has no measurable neurological effects.



#### 4. Tone Based Questions

Which tone best reflects the author's treatment of the topic?

- (a) Overly alarming and based on speculation. ✓
- (b) Analytical yet cautiously hopeful. ✓
- (c) Objective but dismissive of concerns. ✓
- (d) Strongly persuasive with emotional undertones. ✓
- (e) Detached and indifferent. ✗



### Pattern 5 – Inference Based

What inference can be drawn about pandemic-era adolescent brain ageing?

- (a) It resulted chiefly from prolonged oxygen shortage to neural tissues.
- (b) Girls experienced more substantial changes in brain maturation pace than boys.
- (c) Academic disruptions had no tangible neurological consequences.
- (d) Accelerated ageing in teenagers universally exceeded five years.
- (e) Only those with existing neurological conditions exhibited such changes.



### Pattern 6 – Assertion Reason Based Question

**Assertion (A):** Long COVID is associated with measurable loss in cognitive performance and structural brain changes.

**Reason (R):** SARS-CoV-2 infection can trigger long-term inflammation, immune misfiring, and reduced oxygen delivery to brain cells.

- (a) Both A and R are true, and R correctly explains A.
- (b) Both A and R are true, but R does not fully explain A.
- (c) A is correct, but R is incorrect.
- (d) A is incorrect, but R is correct.
- (e) Both A and R are incorrect.



The recent repatriation of the Piprahwa relics, which were excavated in 1898 from a stupa in Uttar Pradesh, marked an important episode in India's cultural diplomacy efforts. Considered to be physical remnants associated with Lord Buddha's mortal remains and his early followers, they were taken away in the colonial era and resurfaced for auction by Sotheby's in Hong Kong in May. At this point, the Indian government intervened to halt the auction and repatriate the relics. These artifacts now reside in the National Museum, providing people the opportunity to engage directly with an irreplaceable piece of India's and Buddhism's heritage. Notably, India's coordinated diplomatic effort, involving multiple ministries and its missions abroad, could persuade Sotheby's to postpone and eventually cancel the auction. The Godrej Industries Group's ability to acquire the relics through a negotiated arrangement with Sotheby's also reflects an innovative public-private partnership. Thus, the collaboration enabled the **repatriation**, as well as the setting of a good precedent for future recoveries, combining private sector resources with state authority. The episode also raised awareness worldwide about India's role as a steward of Buddhist heritage. However, the case has also revealed certain structural deficiencies in the framework within which India operates to recover and safeguard its cultural assets.



The relics, excavated during British administration, originally had a fragmented ownership, resulting in a complex legal status that **vexed** repatriation claims a century later. India's reactive posture in the episode also reflected gaps in the existing legal, administrative, and preventive infrastructure to manage heritage. That the auction was publicly announced and scheduled before India intervened is revealing. The case also exposed the absence of robust international legal frameworks designed to prevent the sale of culturally sensitive objects. While India used existing national laws and international negotiations effectively in this instance, it also **banked on** (diplomatic pressure), which is not a scalable solution. To address these gaps, the country needs a centralised, digitised registry of cultural assets (domestic and overseas) integrated with international customs and auction houses for real-time monitoring, proactive tracking, and to receive early alerts of potential sales. The government could also **spearhead** or actively participate in international efforts to develop binding norms to keep sacred relics from being commercialised. **Scaling up** public-private partnerships is equally imperative, together with encouraging the involvement of diverse stakeholders, including philanthropic foundations and heritage trusts, to mobilise additional resources and expertise for recovery and conservation.



## 7. (Reasoning-based)

Why does the author state that “banking on diplomatic pressure is not a scalable solution”?

- A. Because diplomatic pressure  can't ensure repeated success in diverse future cases
- B. Because diplomatic solutions are often undermined by auction house secrecy
- C. Because diplomatic negotiations are time-intensive and legally unenforceable
- D. Because diplomatic interventions are limited to bilateral agreements
- E. Because diplomatic influence works only when backed by international law



### 8. (Cause-effect based)

According to the passage, which of the following is a direct consequence of the relics' "fragmented ownership" during British administration?

- A. Reduced eligibility for heritage insurance coverage
- B. Legal ambiguities complicating repatriation claims decades later
- C. Lower historical value in academic research
- D. Difficulty in carbon-dating and authenticating artifacts
- E. Decline in public awareness of Buddhist relics



### 9.(Critical reasoning based)

If India had already possessed a centralised, digitised cultural asset registry before the Sotheby's auction, the most likely outcome would have been:

- A. The relics would never have been taken abroad in the first place
- B. The auction could have been intercepted at an earlier stage ✓
- C. Sotheby's would have refused to handle colonial-era artifacts altogether
- D. The Godrej Group would have gained exclusive ownership without state coordination
- E. Philanthropic trusts would have funded the repatriation independently



### 10.(Advanced vocabulary-based)

In the context of the passage, the term “repatriate” most closely means:

- A. To transfer legal ownership to another government
- B. To return something to its country of origin ✓
- C. To donate to a recognised global museum
- D. To preserve using controlled storage conditions
- E. To register under international heritage conventions



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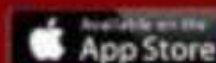
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