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Prelims

SUPER MOCK

CLASS:07

ENGLISH

BY ANUBHAV SIR



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सफलता की संगत

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READING

Let's be honest—when it comes to English for some political exams, reading isn't just important; it's everything. Nearly half of the questions—directly or indirectly—are based on how well you read. Don't think I'm saying that to scare you. You don't have to become a speed reader overnight. What you need is smart, consistent reading. That's why I've picked real, relevant content from daily newspapers just for you. It'll train your mind to think, understand, and respond faster. Every passage you read here brings you a step closer to confidence and clarity. Read this, and you've already won half the battle.

VOCABULARY

I know vocabulary can feel overwhelming sometimes—so many words, so little time. But here's the truth: it doesn't have to be that way. This section is designed to help you truly connect with words—not just memorize them. You'll learn them in context, understand how they're used in real life, and slowly start to own them. Everything you see here is from actual newspapers, so it's relevant, real, and reliable. Over time, you'll notice something beautiful—you won't just remember the words, you'll feel them. And that changes everything.

GRAMMAR

Grammar... it has a bit of a reputation, right? You study rules, you memorize exceptions. But here's the thing: grammar doesn't have to be dry or confusing. In fact, it can be one of the most empowering tools you have. We're not going to give you rules—we're going to understand them, together. All examples come from real newspaper content, so you'll see how grammar actually works in real life. Shortcuts, patterns will start to click. You'll begin spotting mistakes instantly, understanding structure intuitively. That's grammar doing its job, and you're becoming your own support system.

IDIOMS & PHRASES

Idioms and phrases—these little expressions that often confuse us in the exam—don't worry, we've got this. I've picked the ones you'll actually come across in exams, pulled straight from daily newspapers. But more importantly, I'll help you understand them in a way that sticks. Not by rote, but through real context and simple meaning. Give them, these phrases will become second nature to you, and you'll be able to use and spot them effortlessly. It's one of those small things that makes a big difference.

DESCRIPTIVE WRITING

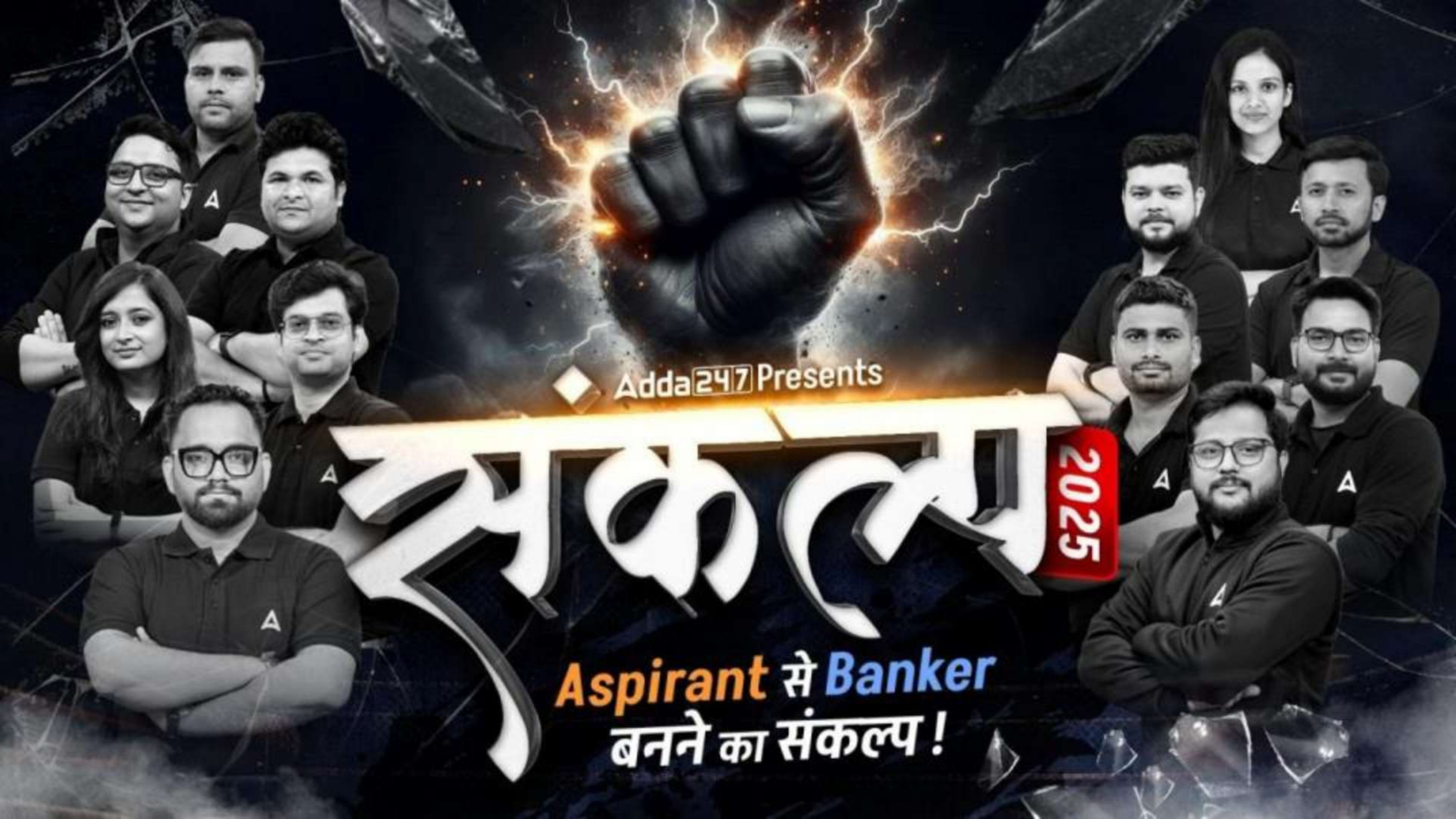
Descriptive writing is where your preparation meets your personality. It's not just about grammar or structure—it's about how you think, how you feel, and how clearly you express that. Whether you're writing an essay, a piece, or a report, I'll help you shape your thoughts with clarity and purpose. All the topics we'll work on come from current news, so your writing stays fresh, relevant, and impactful. And here's my promise—you'll never feel lost staring at a blank page again. Together, we'll build your voice, one word at a time.

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DETER

निरुद्ध करना *Ver*

to steer (a person) from an activity or course of action

SYNONYMS

ForeStall

ANTONYMS

- Dissuade ✓
- Inhibit ✓
- Hinder ✓
- Restrain ✓

Discourage

Obstruct

Impede

Inward

- Encourage ✓
- Induce ✓
- Exhort ✓
- Persuade ✓

Foster

Expedite

Facilitate

FORMS

Adjective-(detrable)

Noun-(deterrent)

Bottleneck



High costs can act as a _____ to small businesses.



BLISTERING

भीषण

U/ Ady.

Extreme in degree, power, or effect

SYNONYMS

- Ferocious
- Explosive
- Ferocious
- Vehement

Scorching

Scathing

Sweltering

Searing

ANTONYMS

- Subdued
- Abated
- Feeble
- Diminished

Low

Soothing

Assuaging

FORMS

Verb-(blister)

Mollifying



He delivered a _____ fast performance on the track.



INORDINATE

अत्यधिक (APM)

going beyond a normal or acceptable limit in degree or amount

SYNONYMS

- Extravagant ✓
- Exorbitant ✓
- Lavish ✓
- Baroque ✓

Undue

ANTONYMS

- Deficient ✓
- Inadequate ✓
- Middling ✓
- Modest ✓

Restrained

Trivial

Minimal

FORMS



When Michael won the gold medal, he received _____ praise



SWAY

प्रभाव

(A)

the power to direct the thinking or behavior of others usually indirectly ✓

SYNONYMS

- Leverage ✓
- Clout ✓
- Authority ✓
- Heft ✓

Influence

ANTONYMS

- Impotence ✓
- Weakness ✓
- Feeble ✓
- Helplessness ✓



FORMS

Adjective-(swaying)

Among people here, traditional values still hold _____. ✓



ENERVATE

कष्टप्रद ✓

to deprive of emotional or intellectual vitality

SYNONYMS

weaken

ANTONYMS

Empower

Strength

- Undermine ✓
- Petrify ✓
- Devitalize ✓
- Desiccate ✓
- Debilitate ✓

Fatigue

Drain

- Invigorate ✓
- Fortify ✓
- Enliven ✓
- Vivify ✓

(like)

Vivacious



FORMS

✓ Adjective-(enervating)

✓ Noun-(enervation)

Complete _____ set in after days without proper sleep.



GERMANE

सार्थक

having to do with the matter at hand

(Adm)

Extraneous

SYNONYMS

- Relevant ✓
- Pertinent ✓
- Apropos ✓
- Apposite ✓

Fitting

ANTONYMS

- Trivial ✓
- Immaterial ✓
- Frivolous ✓
- Trifling ✓

insignificant



FORMS

The lawyer presented only the evidence that was _____ to the case.



IDIOSYNCRASY

an odd or peculiar habit

स्वभाव

(N)

SYNONYMS

- Peculiarity ✓
- Quirk ✓
- Singularity ✓
- Eccentricity ✓

ANTONYMS

- Normality ✓
- Commonness ✓
- Conventionality ✓
- Usualness ✓

**FORMS**

Adjective-(idiosyncratic) ✓

The author's _____ style sets his work apart from others.



PREVARICATE

छलकपट (V)

to make a statement one knows to be untrue

SYNONYMS

- Equivocate ✓✓
- Hedge ✓✓
- Fib ✓
- Perjure ✓
- Delude ✓✓

ANTONYMS

- Testify ✓
- Assert ✓
- Swear ✓
- Substantiate ✓



FORMS

Noun-(prevaricator)

Increase/Decrease

While he tried to prevaricate, his colleague chose to _____ the issue directly.



TIMOROUS

easily frightened

डरपोक

(Adm)



SYNONYMS

- Tremulous ✓
- Timid ✓
- Apprehensive ✓
- Nervous ✓

ANTONYMS

- Intrepid ✓
- Gallant ✓
- Valiant ✓
- Stout ✓
- Stalwart ✓

FORMS

Noun-(timorousness)

lion-hearted
Audacious

Her _____ gradually faded as she gained experience.



VICARIOUS

easily frightened ✓

SYNONYMS

- Substitute ✓
- Derivative ✓
- Empathetic ✓
- Indirect ✓

परानुभूति

ANTONYMS

- ✓ • Direct
- ✓ • Primary
- ✓ • Personal
- ✓ • Firsthand



FORMS

Noun-(vicariousness)

He lived _____ through the achievements of his children.



augment ✓
 mount ✓
 swell ✓
 accumulate ✓
 amplify ✓
 heighten ✓
 boost ✓
 enhance ✓
 magnify ✓
 escalate ✓
 accelerate ✓
 surge ✓
 spike ✓
 shoot up ✓
 rocket ✓
 skyrocket ✓
 upsurge ✓
 step up ✓
 proliferate ✓
 balloon ✓
 snowball ✓
 wax ✓
 accrue ✓
 appreciate ✓
 build up ✓
 compound ✓



✓ diminish ✓ compress
 ✓ lessen ✓ curtail
 ✓ shrink ✓ tighten
 ✓ dwindle ✓ constrict
 ✓ decline ✓ scale down
 ✓ abate ✓ plummet
 ✓ subside ✓ slump
 ✓ taper off ✓ erode
 ✓ ease off ✓ tumble
 let up ✓ nosedive
 ✓ moderate ✓ crash
 ✓ temper ✓ steepen
 ✓ contract ✓ deplete



PHRASAL VERBS

•Phase out

Meaning: To gradually stop using or producing something

Example: The government plans to *phase out* plastic packaging over the next five years.

•Weigh in (on) ✓

Meaning: To give an opinion or advice on a matter ✓

Example: Several economists *weighed in on* the debate surrounding CPI revisions.

•Crack down (on) ✓

Meaning: To take strong action against something harmful or illegal

Example: Authorities are expected to *crack down on* misleading food advertisements targeting children.

IDIOMS

A double-edged sword

Meaning: *Something that has both positive and negative effects*

Example: Remote work is a double-edged sword—it offers flexibility but often blurs the boundary between personal and professional life.

Bury one's head in the sand

Meaning: *To ignore or avoid acknowledging a problem*

Example: The government continues to bury its head in the sand instead of addressing the growing unemployment crisis.

In the pipeline ✓

Meaning: *In the process of being planned or developed*

Example: Several tech upgrades are in the pipeline to improve digital banking security this year.

Root Word: "chron" (Greek: 'chronos'- time)

Word	Meaning	Example
Chronicle	A factual written account of <u>events</u> in time order	The documentary gave a detailed chronicle of the war.
Synchronize	To occur at the same time or rate	The dancers had to synchronize their movements perfectly.
Chronic	Continuing for a long time	He suffers from chronic back pain.
Anachronism	Something out of place in time	A smartphone in a medieval movie is an anachronism .
Chronology	The arrangement of events in time order	The book explains the chronology of space exploration.

In a welcome move, the Health Ministry has directed all government departments to display oil, sugar and trans-fat content in everyday Indian snacks such as samosas, jalebis, vada pavs and laddoos in a bid to highlight the health risks of their consumption on a regular basis. The campaign will be piloted in AIIMS Nagpur and then rolled out to other cities. The move comes two months after the CBSE directed all affiliated schools to establish 'sugar boards' to monitor and reduce the sugar intake of children. These will list information on the recommended daily sugar intake, the sugar content in commonly consumed foods, health risks associated with high sugar consumption, and healthier dietary alternatives. The initiatives have been driven by studies that provide evidence of increasing obesity trends in India. As in the NFHS data, obesity had increased from nearly 15% to 24% in men and from 12% to nearly 23% in women between 2005-06 and 2019-21. Since the amount of oil and sugar in Indian snacks is not apparent — and, hence, often overlooked — these initiatives will serve to fill the gap and act as “visual behavioural nudges”, much like the pictorial warnings on tobacco products. However, building awareness alone cannot bring about behavioural changes, especially in the absence of essential legislative measures.

Surprisingly, while the Health Ministry has targeted Indian snacks, nothing has been done over the years to introduce clear front-of-package labels to caution people about unhealthy packaged food items, and regulate the advertising, marketing and promotion of unhealthy food to children. Also, levying additional tax on food products with high levels of fat, sugar, and salt (HFSS) can further reduce consumption, as seen in some countries. As in the national multisectoral action plan for prevention and control of common non-communicable disease (2017-22), the Food Safety and Standards Authority of India (FSSAI) Regulation was required to be amended for inclusion of front-of-pack labelling and detailed nutrient labelling. The FSSAI (Packaging and Labelling) Regulation was amended in 2020; on July 15, the Supreme Court of India again directed the agency to execute this label on packaged food. For front-of-pack labels on HFSS food and beverage products to become a reality, the FSSAI has to first define the upper limits for sugar, salt and total fat, which have not been finalised and approved so far. A 2022 study found that warning labels outperformed all other forms of front-of-pack labelling in identify unhealthy products. A study by the ICMR-NIN found that warning labels and nutri-star ratings helped (**deter**) the consumption of even moderately unhealthy foods. Measures to build awareness without essential legislative measures to curb unhealthy food intake will not be much more than symbolic.

$$\frac{5}{10}$$

$$\frac{8+}{10}$$

1. Tone and Attitude

What is the tone of the author towards the Health Ministry's initiative to display nutritional content in Indian snacks?

- A. Sarcastic and dismissive
- B. Apathetic and neutral
- C. Cautiously optimistic with critical undertones
- D. Unquestioningly supportive
- E. Alarmist and accusatory

2. Sentence Completion

Complete the sentence meaningfully based on the information in the passage:

While displaying sugar and oil content in traditional Indian snacks may be a step forward, its success hinges largely on _____.

- A. effective regulatory enforcement beyond awareness campaigns
- B. strict calorie monitoring in every household
- C. banning all forms of fried and sweetened foods from public eateries
- D. replacing all Indian snacks with global health alternatives
- E. government-funded free gymnasiums in every district

3. Fact-Based Logical Reasoning

According to the passage, which of the following is NOT a reason cited for the limited success of awareness campaigns?

- A. Lack of legislative backing to enforce behavioural change
- B. Absence of front-of-pack warning labels on packaged foods
- C. Failure of the FSSAI to finalize nutrient upper limits
- D. Limited accessibility to healthier dietary alternatives
- E. No clear regulation of food advertisements targeting children

4. Odd One Out

False

Which of the following does NOT align with the key strategies suggested in the passage to combat high consumption of HFSS (High Fat, Sugar, Salt) foods?

- A. Introduction of visual cues like content displays in traditional snacks
- B. Creation of sugar awareness boards in schools ✓
- C. Imposing higher taxes on unhealthy food items ✓
- D. Promoting unregulated digital advertisements for snack products
- E. Front-of-pack warning labels for packaged foods

5. Inference-Based Question

What can be inferred about the government's approach towards packaged food regulation in India?

- A. It has already implemented clear labelling policies with universal compliance.
- B. It prioritizes labelling of traditional snacks over packaged products.
- C. It has succeeded in drastically reducing sugar consumption among children.
- D. It provides subsidies to healthy food manufacturers as a countermeasure.
- E. It penalizes food manufacturers for omitting nutrient information.

6. Grammar-Based

A 2022 study found that (A) /warning labels outperformed (B) /all other forms of front-of-pack (C) /labelling in identify unhealthy products. (D) / No Error (E)

✓
✓
V, \ Identifying

Gerund V+ing

A. A

B. B

C. C

D. D

E. E

11am 11:15

The continued fall in inflation to a 77-month low of 2.1% in June 2025 should serve as a significant source of relief for policymakers. The general public, however, would not be too thrilled. There is some good news for them, but also a significant dose of pain. Food inflation, for example, saw a significant **easing**, although that too is a seasonal effect rather than a structural one. Food and beverage prices **contracted** 0.2% in June 2025 on a high base of 8.4% in June last year. Key items such as vegetables, pulses, spices and meat saw prices falling in June compared to their levels last year. But food is not all that people spend their money on. The data reveal that there were several items and services of common consumption that saw inflation **quicken** in June. The education and stationery segment saw inflation quicken to 4.4% in June, the highest in 15 months. This was driven by a **jump** in the prices of school, college, and private tuition. Inflation in the health-care category, too, was at a 15-month high in June. Compounding this, the personal care segment saw inflation jumping to a **blistering** 14.8% in June, the eighth month of double-digit inflation in the last nine months. Products such as soap, toothpaste, shampoo and sanitary napkins — items of daily or regular use and by no stretch luxuries — have become more expensive. So, overall, food is cheaper, but nearly everything else is more expensive.

This leads to an important policy question, one that has been asked several times before: is the headline inflation data adequately capturing the price rise the average Indian faces? The food basket itself carries a 46% weight in the overall Consumer Price Index (CPI), meaning that any change in this category has an **inordinate** impact on the headline number. The recent Household Consumption Expenditure Surveys show that food comprises a much smaller share of about 30% in the expenditure of households. Bringing the CPI weight of food down to align with this will allow the overall CPI to be more representative. To be fair, that process is on, with the Ministry of Statistics and Programme Implementation in the process of updating the CPI. The CPI base year — so far set as 2011-12 — is being updated to a more recent time period, and the weights of the different categories are also being revised. This update cannot happen fast enough, as even monetary policy is currently dependent on this outdated and unrepresentative measure. In the meantime, it is important not to get **swayed** by the fall in the headline number itself. The felt experience of the average Indian is described in the details, and it is still a painful one.

7. Critical Reasoning – Evaluation

The author suggests that the Ministry is already in the process of revising CPI methodology. If true, which of the following most seriously weakens the urgency implied in the author's tone?

- A. Inflation in the food segment continues to show seasonal variability
- B. Most global economies already revised their CPI base year
- C. Policy decisions in India are mostly based on the Wholesale Price Index
- D. The CPI revision process was initiated in 2022 and will conclude in 2025
- E. No major political party has prioritized CPI reform in its manifesto

8. Cause & Effect – Reverse Logic

If the CPI base year and weightages were updated tomorrow to reflect current consumption patterns, what would most likely happen to the headline inflation number?

- A. It would remain unchanged due to compensating category shifts
- B. It would increase, as categories with rising inflation like education and healthcare gain more weight
- C. It would decrease due to better statistical smoothing
- D. It would be discontinued in favour of a new metric altogether
- E. It would become irrelevant as food prices stabilise permanently

9. Logical Analogy

Which of the following situations is most similar to the personal care segment showing double-digit inflation while the headline CPI shows a decline?

- A. A student failing math despite having an overall high grade because math is weighted less
- B. A restaurant with high dessert prices still being rated as affordable due to cheap beverages
- C. A family budgeting strictly for groceries but overspending on weekend outings
- D. A vehicle advertised as fuel-efficient but only under ideal lab conditions
- E. A state reporting economic growth while unemployment rates rise

10. Critical Reasoning – Strengthening

Which of the following strengthens the author's claim that the CPI update "cannot happen fast enough"?

- A. The revised index is likely to include more luxury goods
- B. Consumers have reduced discretionary spending due to uncertainty
- C. Most other economic indicators are already based on post-2015 data
- D. Policymakers have postponed interest rate decisions pending CPI update
- E. Monetary policy decisions continue to rely on outdated spending patterns



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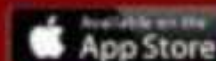
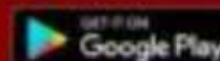
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